

## **Cindy Taylor MCSP HPC Reg BSc Hons**

Senior Physiotherapist  
The Pain Consultancy  
Unit 2, Tweed Horizons  
Newtown St Boswells TD6 0SG

### Qualifications

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|-----------------------------|------|----------------------|
| • Grad Dip                  | 1985 | <i>Physiotherapy</i> |
| • Chartered Physiotherapist | 1985 |                      |
| • BSc Hons                  | 2007 | <i>Psychology</i>    |

### Key Training

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|---------------|---|
| 1995–1996     | Postgraduate manual therapy training (MACP) |
| November 2008 | Postgraduate Diploma CBT                    |
|               | Full CPD programme                          |

### Membership of Societies

- British Pain Society
- British Association of Behavioural and Cognitive Psychotherapists (BABCP)
- Physiotherapy Pain Association

### Key Experience in Pain Treatment

- Four years University Hospital Birmingham NHS Trust pain service
- One year Sandwell and City Hospital Birmingham Pain service
- Twenty years experience musculo-skeletal physiotherapy acute and chronic

### Teaching

- University Central England – Pain management (Post Grad nursing course)
- University Hospital Birmingham – Pain study days for Health professionals
- BUPA Hospital Sutton Coldfield – Pain Management, the role of Physiotherapy

### Employment History

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|-----------|--|
| 1985–1987 | Physiotherapist, Heartlands Hospital Birmingham  |
| 1987–1988 | Senior 2 Physiotherapist, Heartlands Hospital, Birmingham                              |
| 1988–1990 | Staff Physiotherapist, Musculoskeletal, Toronto Western Hospital                       |
| 1990–1991 | Senior 2 Physiotherapist, Musculoskeletal, Blackpool Victoria Hospital                 |
| 1991–1997 | Senior 1 Physiotherapist, Musculoskeletal, North Birmingham Community Health NHS Trust |

1997–1998	Senior 1 Physiotherapist, Pain Management, University Hospital Birmingham NHS Trust
1999–2001	Senior 1 Physiotherapist, Musculoskeletal, Birmingham Specialist Community Health NHS Trust
2002–2003	Senior 1 Physiotherapist, Pain management, Sandwell and City Hospitals NHS Trust
2003–2006	Senior 1/ Clinical Lead Physiotherapist, Birmingham and Solihull Mental Health NHS Trust
2006–2008	Clinical Specialist Physiotherapist, Pain Management, University Hospital Birmingham NHS Trust
April 1991–present	Spire Hospital Little Aston (formerly BUPA) Senior 1 Physiotherapist, Musculoskeletal, Orthopaedics, Pain Management